**Physical Science Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
Energy Journaling Project Period\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Your task is to journal about one type of energy every day we are away from school. Look around your living area to find examples of the different types of energy. You have been provided a Types of Energy reference sheet of the 8 types of energy to help you categorize the energies you observe.

**Requirements:**

* One journal entry per day.
* You may not use the same example twice.
* You should have at least one example for each energy type (except atomic).
* You may not use the examples listed on the Types of Energy reference sheet.
* Journal entries are written in the **back** of your science notebook.

**Example:**

Your journal entry should look **like** the following:

3-16-20: Today I saw Mechanical Energy when a ball rolled down the hill outside my home. Mechanical Energy is when a liquid, solid, or gas is in motion.

3-17-20: Chemical Energy is found in my Hot Cheetos I had for a snack today. My body breaks down the chemical bonds to give me energy.

**Grading**

*This assignment is not required.* However, **journal entries that are done and brought back to school will count for an Extra Credit** grade to be determined between you and me. (This can be a replacement of a missing work, some extra points on a summative grade, or extra credit to go towards your next summative.)

**Mrs. Kauffman Contact Information**

If you have questions, or need to speak to me-

Email: [kkauffma@cloverpark.k12.wa.us](mailto:kkauffma@cloverpark.k12.wa.us)

Phone: (253) 583-5500 ext. 6122

On Microsoft Teams:

* Go to district website (<http://www.cloverpark.k12.wa.us/>)
* Click “Student” tab
* Click “Microsoft Office 365”
* Login. Username is your student number @edweb.cloverpark.k12.wa.us Password is your computer password

(like- [123456@edweb.cloverpark.k12.wa.us](mailto:123456@edweb.cloverpark.k12.wa.us))

* Click on the icon for “Teams”
* Click on “Physical Science [4/5/6/7th] Period” to access our classroom page
* Use the “Questions for Mrs. Kauffman” tab to ask a question. Please keep in mind your question will be asked to the whole class.