

Parent-Teen Communicator

Dear Parents or Guardians:

This is our first "Parent-Teen Communicator!" My goal for these assignments is that you enjoy talking with your teen while helping them get class credit! I hope this current communicator on VALUES will give you a chance to reinforce your own family's values.

Here is your assignment to do together. (Nothing discussed needs to be written down, only the confirmation sheet needs to be turned in)

1. Parent: Please circle the 7 values that you feel are the **most important** values to possess.

joyful	kind	honest
hard-working	polite	mature
spiritual	committed	peaceful
responsible	helpful	unique
trustworthy	sensitive	patient
sense of humor	self-controlled	respectful
loving	giving	forgiving

2. Teen: Please do the same for the list on the back of this page.

3. Parent : Read aloud to your teen the top 7 words you circled. As you are saying your words, if you and your teen both circled these same values, **both** you and your teen should put a star (*) by that value. (So words you both have in common will be starred).

4. Both: Discuss what values you both felt were important. Talk about what those values mean to you. Do you think it is a coincidence that you feel the same about these values? Is there any experience, influence, or event in your lives that you can think of that has caused both of you to feel the same about these traits?

5. Teen: Now look at the words you didn't have in common. Were there any values which you had circled which your parent didn't? (They will be the circled words with no star). Read aloud to your parent the words which you had circled but they hadn't circled. Explain to your parent why these values are important to you.

6. Parent: a) Discuss with your teen why the values that you had circled but they

hadn't circled are significant to you. Can you give any real-life examples of how those values (or lack of those values) have changed your life or someone's life who you know?

b) Parent: Doing what we feel is right is sometimes hard to do. Can you relate a time in your life when you or someone you know followed one of your circled values (although it may have been a difficult thing to do) and it was a positive experience in the end?

7. Teen: Can you relate a time in your life when you or someone you know followed one of the value words you circled and although it was hard to do, it turned out to be a positive experience?

8. Parent: Pick two of the listed positive values you see in your own teen's character. Tell them why you appreciate those traits.

9. Teen: Pick two of the listed positive values you see in your parent's character. Tell them why you appreciate those traits. You are done! *Don't forget to fill in the confirmation slip-add comments if you like.*

Teen: Please circle 7 values that you feel are **most important** values to possess.

joyful	kind	honest
hard-working	polite	mature
spiritual	committed	peaceful
responsible	helpful	unique
trustworthy	sensitive	patient
sense of humor	self-controlled	respectful
loving	giving	forgiving

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We completed the Values "Parent-Teen Communicator" assignment together.
What parts of this activity did you feel were important?:



Student Name (please print)

Per: _____

Parent Signature

Date: _____