**HONESTY PACKET:**

**Pg. 7**: **The importance of being honest, and analyzing what it looks like when you finally are honest about something that you haven’t been honest about before**

Today we’re going to analyze the importance of telling the truth by looking at two well known athletes: Lance Armstrong, a famous bicyclist, and Marion Jones, an Olympic track and field and later WMBA star. They both have one thing in common – they were frequently accused of using steroids, or doping.

By the end I want you to think about: do you believe them, do you respect them, and do you trust them?

* Get to know Lance Armstrong:
  + “Lance Armstrong Bio: Life and Controversial Career” <https://youtu.be/8HBkKgkY60w>
  + “Lance Amstrong Denies Using Drugs through the years” <https://youtu.be/6aJmYmasQhc>
* Get to know Marion Jones:
  + “Marion Jones | Career Highlight | Documentary | Biography | Unknown Facts” <https://youtu.be/qkvYMPs8pR4>
  + “World Championship Basketball Player Marion Jones – Biography and Life Story” ( <https://youtu.be/iBbv2rTwhZg> - STOP @ 2:45 to reflect)
* **Fill in the box on page 7**
* Watch their responses:
  + Lance Armstrong Oprah Interview: <https://youtu.be/ZxkULBtpF3s>
  + Marion Jones: <https://youtu.be/DkQpTdVK1cc>
* **Respond to the reflection questions on the bottom of page 7**

**Pg. 4: Read and annotate the Real-Life Reading**

**Pg. 2:**

* **Summarize your own definition, your personal connections, and class examples**
* **Complete the Looks Like/Sounds Like/Feels Like**

**Pg. 8: Answer the reflection questions**

**On back: create two S.M.A.R.T. growth goals, one for home and one for school**

**FORGIVENESS PACKET:**

**Pg. 1 – Personal Survey**

**Pg. 2 – Annotate Definition**

**Pg. 3 – Annotate 3 Quotes**

**Pg. 5 – Answer the Journal Write questions and watch** [**https://youtu.be/gdgPAetNY5U**](https://youtu.be/gdgPAetNY5U) **as you imagine what the hardest thing someone would have to forgive is. Respond to the video questions and complete the final journal write question**

**Pg. 6 – Analyze the “Power” of Forgiveness by watching and reflecting on 3 videos**

* Oprah’s Forgiveness Aha! Moment - <https://youtu.be/Rwcp_oEIwnU>
* HOW TO FORGIVE - <https://youtu.be/I0uen-rZqUg>
* The Power of Forgiveness - <https://youtu.be/8o9_TlZyB_Y>

**Complete the challenge on the bottom of pg. 6**

**Pg. 4 – Read and annotate the Real-Life Reading**

**Pg. 2:**

* **Summarize your own definition, your personal connections, and class examples**
* **Complete the Looks Like/Sounds Like/Feels Like**

**Pg. 7: Answer the reflection questions on the bottom half**

**(*skip the debrief questions on the top half of pg. 7 and pg. 8)***

**On back: create two S.M.A.R.T. growth goals, one for home and one for school**