Hello ASB, welcome to your new committee: **SPIRIT TEAM**

Your task while we are on closure is to use your social media platforms to keep building community and support for our CP family.

***Things you could do:***

* *Set up pages or hashtags for homework help for different subjects*
* *Send out updates with any new information*
* *Post daily/weekly reminders that help students keep their spirits up*
* *Help calm the anxiety*
* *Suggest things students can do while not in school (while staying safe)*
* *Promote any service opportunities that come up*
* *Encourage positive mental health practices*
* *Remind students of their resources if they need anything*
* *Check in with people who look like they may be needing support*

Prom committee, I have emailed you specific instructions. All other committees are cancelled or postponed until further notice, we will work with admin to make the best choices for what we’re able to do.

*And remember, you’ve got this!*